

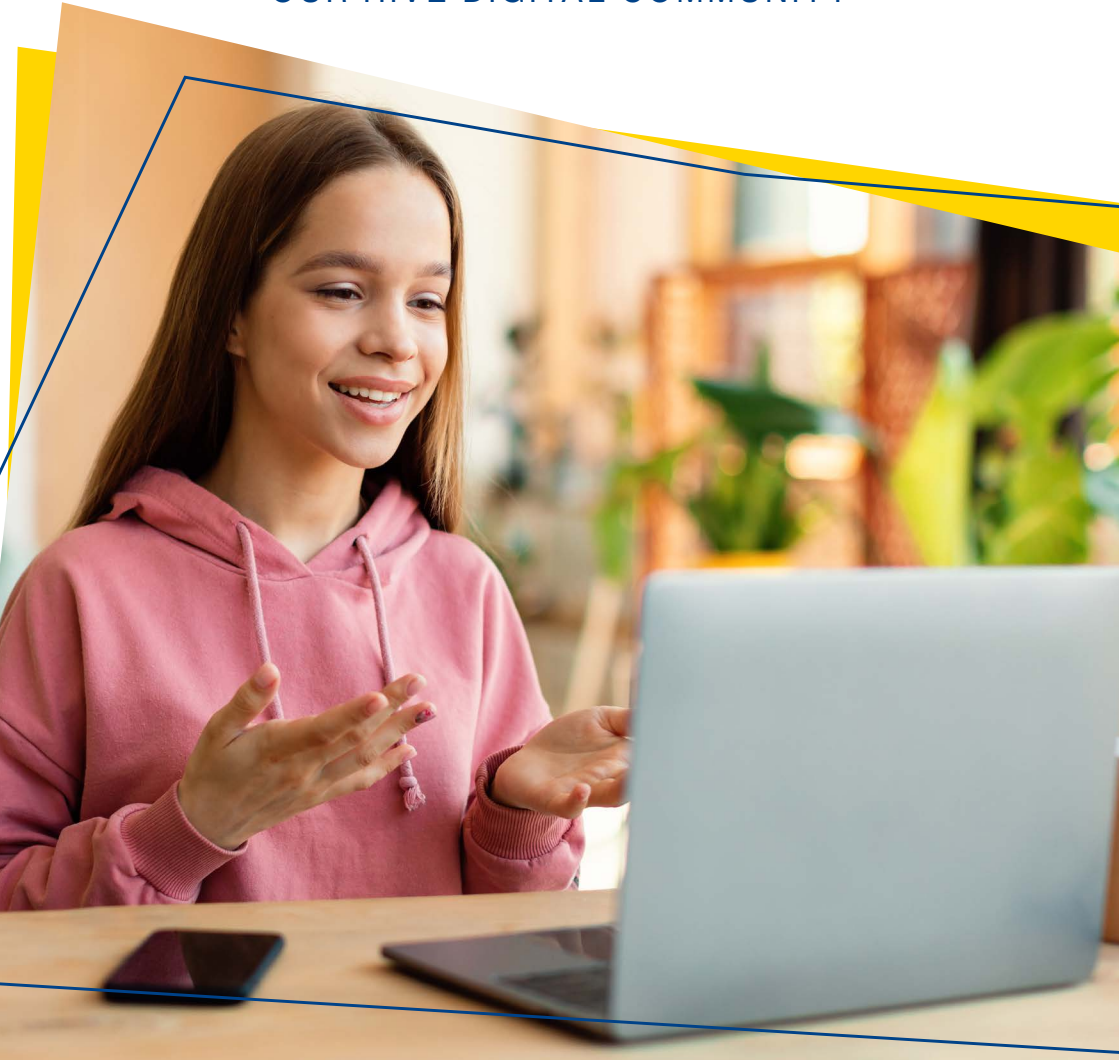


Children's Liver  
Disease Foundation

fighting childhood  
liver disease

# Connecting young people with liver disease

OUR HIVE DIGITAL COMMUNITY



## What is Hive?

Hive is our digital community, made by young people for young people with a liver condition or transplant.

## How does it work?

We have two private groups on Facebook\*, **Hive** for ages 13-17 and **Hive+** for ages 18-24. Here you can access our young people's news feed and group chat, meet new friends in a safe space and chat 1-2-1 with our Young People's Officer.

We also have regular Hive Hangouts on Zoom, where you can take part in fun activities and chat face to face with other members your age who completely understand your situation. We host Zoom sessions for different age groups from 9-17, while young people aged 18-24 can access 1-2-1 support sessions on Zoom with our Young People's Officer.

## How do I join?

It's easy. Just email [youngpeople@childliverdisease.org](mailto:youngpeople@childliverdisease.org) and ask to join Hive.

*\*These platforms are monitored by CLDF staff to ensure safety of all our members.*

## Want tips on living with liver disease?

CLDF has a range of short webinars which explore topics such as healthy habits, connecting with others and employment/educational opportunities. We are often adding new ones, so if there's a topic you'd like to see covered, let us know at [youngpeople@childliverdisease.org](mailto:youngpeople@childliverdisease.org).



Hive  
(13-17)



Hive+  
(18-24)



Tips



**Connect  
Share  
Support**

## Hear some of our members' liver journeys

Living with a diagnosed liver condition can sometimes feel isolating. But you are not alone! There are so many other young people just like you who understand and have shared their stories through blog writing or chatting about their experiences for our podcast channel, CLDF Chatter.

You'll discover how other members of Hive have overcome personal hurdles, achieved big things on their journey, faced their fears, and learnt to accept themselves and what makes them unique.



Blogs



Podcast

"Being part of the CLDF community made such a sad time of my life into one that has been much more bearable. I have met my best friends who I know will be friends for life. Knowing there is lots of support also brings me so much comfort as I know if I'm ever having a bad day, there is always going to be someone out there who I can talk to. I couldn't be more grateful!"



"HIVE has been amazing, because you get to speak to people who understand what it's like to have a liver disease and go through processes such as transplantation as well as day to day life with liver disease. It's been very helpful for me to be able to speak to people who fully understand any anxieties and symptoms of living with a liver disease, I'm so grateful for the group!"



"It's really comforting and helpful to be able to speak to others who understand what you're going through and to chat to."



## Like to become a Hive Ambassador?

If you are looking to gain experience or would like to be a shoulder to lean on for other young people with liver disease, the Hive community offers some amazing volunteering opportunities. If you're 18-24 and you enjoy writing, researching, podcasting or conversation starting, then we want to hear from you!

Email: [youngpeople@childliverdisease.org](mailto:youngpeople@childliverdisease.org)



## Meet the Young People's Officer

Hi there, I am Louise, the Young People's Officer at CLDF. I am here for you. I love getting to know new people, listening to their stories and giving them advice and support to navigate their liver journey. I am chatting to Hive members regularly, so I know about the barriers and challenges you may be experiencing and may be able to put you in touch with a friend on a 1-2-1 basis. We look forward to welcoming you to Hive. Living with liver disease isn't always easy but challenges can be made easier when shared.

## Contact us

**Phone:** 0121 212 6024 (Young People's Team)

**Email:** [youngpeople@childliverdisease.org](mailto:youngpeople@childliverdisease.org)

*Registered charity number 1067331 (England & Wales) SC044387 (Scotland).*